



American Lung Association of California

Open Airways For Schools
Volunteer Instructor Training

Friday, November 30, 2007
9 a.m. - 4 p.m.
1029 J Street, Ste 450, Sacramento

Join the American Lung Association as a volunteer instructor and educate elementary school children about how to manage their asthma!

Open Airways empowers elementary school children, ages 8-11, to manage their asthma through an interactive teaching curriculum that brings together children with asthma, their families, schools and community volunteers. It teaches the children to detect asthma warning signs, deal with asthma triggers, and prevent or reduce symptoms.

Your role as a volunteer instructor would be to attend this all-day training offered by the Lung Association. Then teach the Open Airways curriculum, six 40 minute classes during the school day, scheduled at the convenience of the school. Instructors establish a supportive group environment and facilitate the interactive learning process. Instructors are encouraged to work in pairs or with a school aide to assist, if possible.

This is a wonderful volunteer opportunity for firefighters, respiratory therapists, school nurses, parents of children with asthma, or students interested in health professions.

Please call 916-554-LUNG or email msciarrotta@alac.org to register.

